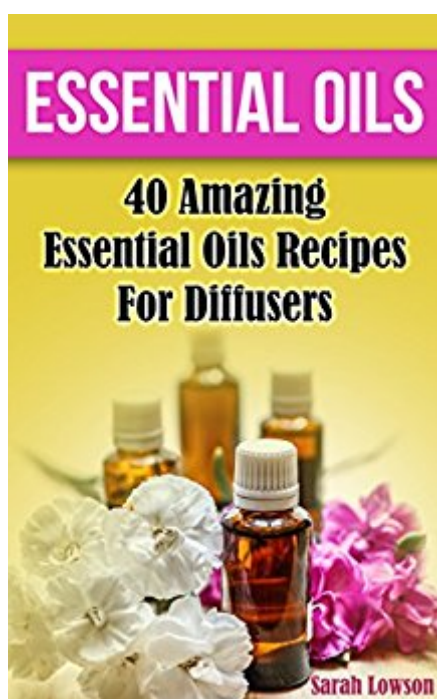


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Essential Oils: 40 Amazing Essential Oil Recipes For Diffusers: (Diffusers, Natural Remedies) (essential Oils Diffusers, Young Living Essential Oils Book)



Synopsis

Getting Your FREE BonusDownload this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion.Essential Oils:(FREE Bonus Included)40 Amazing Essential Oil Recipes for DiffusersEssential oils play major role in medical research, as a matter of fact, there seem to be no disease that essential oils show no promising abilities to cure.Various studies on essential oils have revealed the potential benefits and potencies of the aromatic nature of the substance in dealing with diseases such as diabetes, cancer, heart disease, High blood pressure, skin infections, Alzheimer, and cardiovascular disorders.Luckily, it is easy to find and make essential oils at home through the process of diffusion.This book has been researched and written to serve as a guide, especially in the making of diffused essential oils and then applying the right quantities of the oils for various medicinal applications.This book will teach you the importance of the world's most potent essential oils, and you will also learn the following: The ingredients and features in each group of essential oils and why they are used for some particular ailments. The best essential oil recipes that has been proven to be effective. Essential oil diffusion basics- mixing your essential oils to get the best result. How to enhance and protect the powers of your essential oil through proper storage and packaging. How to apply the diffused oils to achieve the best possible results.

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Customer Reviews

I am really getting into essential oil combinations and how they can help you. I have an aromatherapy diffuser so I got this book and I am glad I did. It has some great recipes and the way to use them in your diffuser. Some include recipes for colds and flu, sleep apnea treatment, skin and hair treatments such as skin softening and dullness, hair regrowth, dandruff, oily hair. Others such as energizing fat burner, goodbye stress, memory booster cognitive performance essential oil, happy day essential oil recipe, a blend for allergies and a blend for insect repellent are just a few in this book. I recommend you get this book to get these wonderful recipes to try in your own diffuser.

This book is HORRIBLY written! Almost every recipe is missing an ingredient. There is no reference to using preservatives when making the recipes using the water based elements. Totally unreliable source of information sadly.

It had a nice variety of blends, but several list that you add, ex. 4 drops of... and the oil name is missing.

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